

St. Simon Parish School

Educating Children to Know, Love and Serve God and His World

GRADE 4 FRIENDSHIP CLASS (2010-11)

REQUIREMENTS

All students are expected to do the following:

1. Participate cooperatively and wholeheartedly in all class activities
2. Listen attentively to the teacher and classmates
3. Complete all class and homework assignments
4. Make efforts, to the best of their ability, to practice in their daily lives the skills taught in class
5. Use all class materials as they are intended to be used and not draw or make any other marks on them

SYLLABUS

(Tentative topics based upon time available)

I. Introduction -- What we will be learning this year about making and keeping friends

- A. Jesus as our model -- What kind of a friend was Jesus to those around Him?
- B. Friendly behaviors
- C. Being friendly and helpful to a buddy
- D. Opening up the circle
- E. Being a good listener
- F. Starting a conversation
- F. Making a difference!

II. Friendship

- A. Qualities of a friend -- personal and class description
- B. Things kids do that bug me -- personal and class description

III. Twelve Keys of Friendship

- A. Friendship report card -- Self-evaluation of friendship skills
- B. Apologizing
- C. Being a good sport
- D. Being honest but kind

OVER

Syllabus, cont.

IV. Communication / Conflict Resolution

- A. How to tell a friend you're mad (or have hurt feelings)
- B. What to do when a friend tells you they're mad at you

V. Problem-Solving

- A. Dealing with friendship concerns
- B. Turning an enemy into a friend

VI. Cliques

VII. Dealing With Put-Downs

- A. How to Act When You Are Given a Put-down
 - 1. Ignoring
 - 2. Agreeing
 - 3. Joking
 - 4. Doing something unexpected
- B. How to help someone else who has been put down

VIII. Self-Talk and Self-Encouragement -- keeping put-downs from hurting self-esteem

IX. What To Do About Anger

- A. Anger buttons and reactions
- B. Anger consequences
- C. Handling anger
- D. Handling anger with friends